



#ILLUMINATE

THE WORKBOOK

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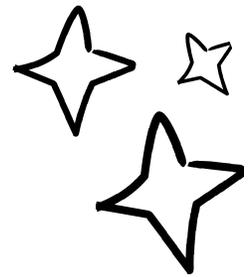
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The Bossed Collective

Harmony. Honor. Hustle.

HARMONY. HONOR. HUSTLE.

THREE VERY SIMPLE, YET INCREDIBLY POWERFUL WORDS!

HAR.MO.NY (N)—DESCRIBES THE PEACE, AND **TRANQUILITY** NEEDED TO BE ABLE TO FOCUS AND COMPLETE THE NEVER ENDING TASKS THAT WE AS PROFESSIONAL WOMEN FACE ON A DAILY BUSINESS. IT IS THE **SYNERGY** THAT CONNECTS & FLOWS FROM YOUR ENTIRE BEING, AND WHEN IN BALANCE; CREATES THE BEAUTIFUL AURA THAT IS YOU!

HON.OR (N) (V)—THINK OF YOUR HONOR AS A GARMENT THAT SHOWS THE WORLD HOW YOU CARRY & **RESPECT** YOURSELF, HOW YOU MOVE WITH **INTERGRITY**, HOW YOU SHOW UP IN THE FACE OF ADVERSITY. AS A WORD ACTION, HONOR SHOULD SHOW UP IN HOW YOU HANDLE YOUR INTERACTIONS & RELATIONSHIPS WITH OTHERS.

HUS.TLE (V)—YOUR **ACTIONS** VIEWED IN VARIOUS DEGREES OF AGGRESSION USED TO OBTAIN THE DESIRES OF YOUR HEART. BE MINDFUL THAT A WISE WOMAN'S HUSTLE WILL VARY DEPENDING ON THE SITUATION AND INTERACTIONS REQUIRED TO **OVERCOME** THE OBSTACLE THAT IS BLOCKING HER PATH TO THE NEXT LEVEL.

IF YOU ARE PART OF **TBC**, THEN YOU HAVE CHOSEN TO **COMMIT** YOURSELF TO BEING **FOCUSED** ON YOUR GOALS, YOUR PROMISE, YOUR INTERGRITY, YOUR SELF WORTH, YOUR MULTIPLE STREAMS OF WEALTH, YOUR HEALTH, YOUR PRAYER LIFE, YOUR SELF DEVELOPMENT, AND YOUR POSITIVITY. YOU WILL COMMIT YOURSELF TO FORGING POSITIVE RELATIONSHIPS THAT WILL HELP YOU DEVELOP BOTH PERSONALLY & PROFESSIONALLY.

HARMONY. HONOR. HUSTLE.
WE ARE THE BOSSED COLLECTIVE!

#ILLUMINATE *spotlight*

Mardi Bras-Texarkana

Contact Info:

Cathy Brown Smith

870-826-1854

February 27, 2019

Four years ago (4 years ago tomorrow actually!), a group of friends and I had the idea of giving a cooking class in a homeless shelter. Our goal was to teach job skills and how to cook on a budget (but it ended up being so much more). Our motto was DON'T SIT AROUND AND WAIT FOR A BLESSING, GO OUT AND BE THE BLESSING. That was our simple idea. That was our humble motto. That was our simple plan. Be the blessing. Be good to one another. Love each other as we are commanded to do.

Also four years ago, a group of determined women and I started raising awareness for the need of feminine hygiene products for homeless women. Mardi Bras - Texarkana was born. During those four years, we have collected donations of enough feminine hygiene products (sanitary napkins and tampons) to fill the monthly needs of 100 women every month for an entire year!!!

We thank you today for your donations and encourage you to sign on to continue to help. Please help us BE THE BLESSING for someone in need. For less than what you probably spend on lunch or fancy coffee (\$24) in a week, you can meet the needs of ONE WOMAN for an entire year, or TWENTY women for an entire month.

Thank you from the bottom of my heart for supporting me in this community project I haven taken on. I am humbled by your love and support, for lifting me up, and helping me carry on.

Cathy Brown Smith

Continued donations can be delivered to:

Mardi Bras, 1523 Hickory, Texarkana, AR 71854

There is also a direct Amazon link on our Mardi Bras-Texarkana Facebook page

MANAGEMENT *Time*



Let's begin this discussion by pondering on the following question:
How do YOU define time?

Meditate on this phrase: "TIME IS MONEY!"
Now what does this mean to you?

Let's look at time as a form of currency, and contemplate using that currency to develop your

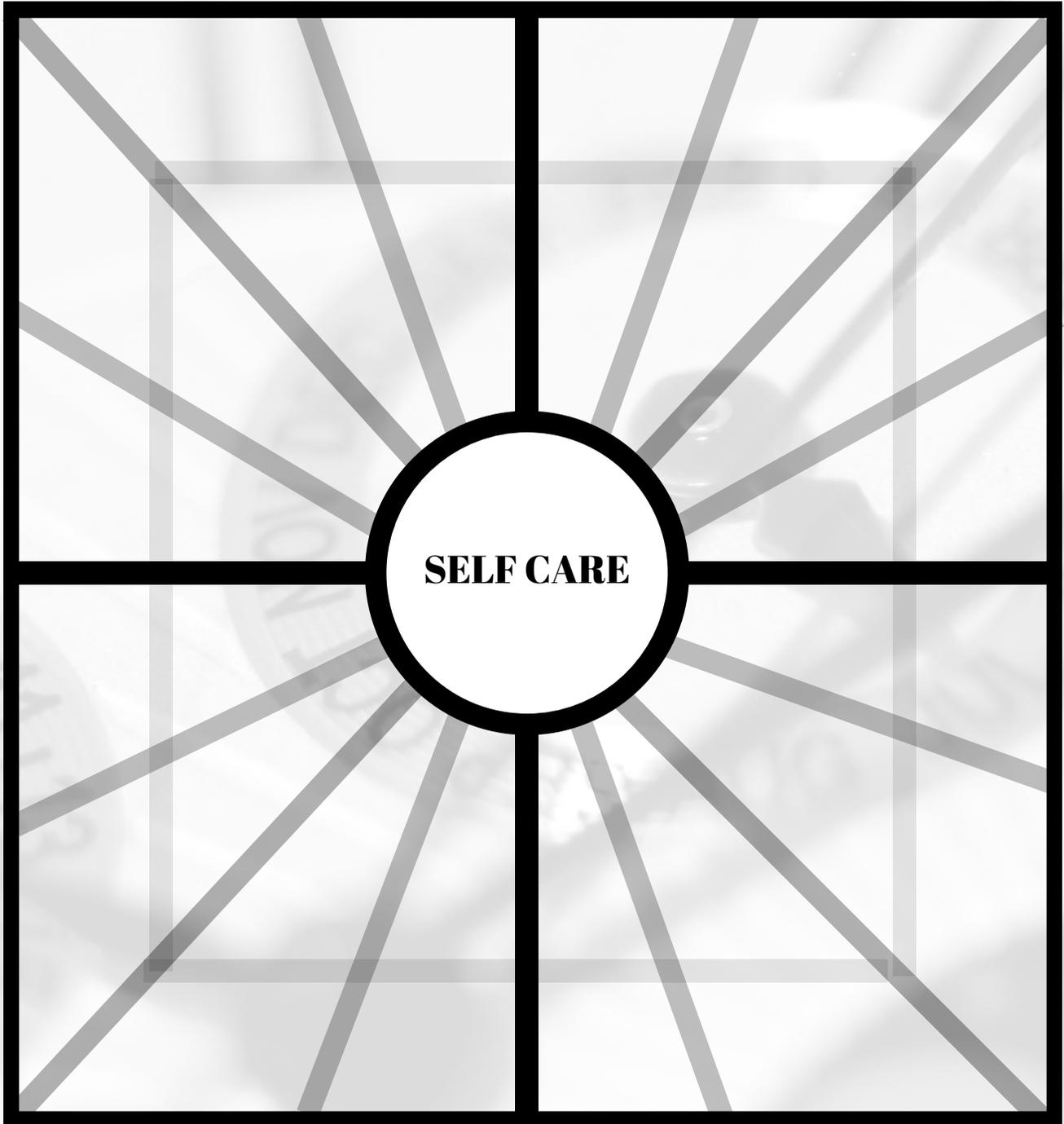
BOSS YOUR TIME BUDGET

There are 1440 minutes in a day. Do you find yourself struggling to complete your task & goals each day? If your minutes were worth \$1 each, would you value them more?

BOSS YOUR TIME *budget*

FAITH

FAMILY



SELF CARE

FINANCES

FLOURISH

YOUR MISSION:

There are 1,440 minutes in each day.

They say time is money. How much more productive would you be if you handled the budgeting of your time like you handle the budgeting of your finances?

What areas of your life get allotted the largest chunk of your budget? Will you have areas that remain consistent on a daily basis, or will you require a budget with a bit more flexibility?

You decide.

Below you will find some brainstorming ideas to jumpstart your thoughts when developing your daily time management budget. There is no right or wrong way to complete this exercise. This is simply a framework to consider. What is important, is that you choose a timeframe of evaluation and commit to it.

It will help you see areas where you may be allotting too many resources, as well as identify some potential trouble zones that may not be on your radar, but could seriously use your attention!

SERVICES

SPOUSE

CLASSES

BUDGETING

HOME TASKS

DATE NIGHTS

COMPANY FUNCTIONS

VOLUNTEER

CHARITY

CHILDREN

STUDY TIME

BILL PAYING

EXERCISE

READING

SLEEP

FAMILY OBLIGATIONS

HOMEWORK

ERRANDS

GROOMING

BUSINESS BUILDING

NETWORKING

PERSONAL PROJECTS

CAREER EDUCATION



STRATEGIC *planning*

The **Bossed** Collective

Most people have a goal in mind, some idea of what they would like to accomplish, yet what often happens is that people set out with grand ideas in mind, and no real plan to get it done or understanding of their passion and purpose.

Quite often they "wing it", making things up as they go along, and then wonder what happened when the outcome was nowhere near what they expected. Please, do not fall victim to this trap!

With a little mindful concentration and intentional planning, you will have no problem crushing every one of your goals.

WHAT IS STRATEGIC PLANNING?

Strategic planning is an organizational management activity that is used to set priorities, focus energy and resources, and ensure that planner and others involved are working toward common goals. It is a disciplined effort that produces fundamental decisions and actions that shape and guide what an organization is, who it serves, what it does, and why it does it, with a focus on the future. Effective strategic planning identifies not only where an organization is going and the actions needed to make progress, but also how it will know if it is successful.

WHAT IS A STRATEGIC PLAN?

A **strategic plan** is a document used to communicate with the organization the organizations goals, the actions needed to achieve those goals and all of the other critical elements developed during the planning exercise.

WHY IS STRATEGIC PLANNING VALUABLE?

Strategic planning is both vital and valuable to your tool kit because it helps establish agreement around intended outcomes/results, so that you will be able assess and adjust the directionn of your goals in response to a changing environment.

WHAT ARE THE STEPS FOR CREATING A STRATEGIC PLAN?

- 1. Goal Setting:** Determining the goals you wish to accomplish for your event, business, organization, etc.
- 2. Analysis:** Gain an understanding of the current internal and external environments.
- 3. Strategy Formulation:** A plan for strategy execution is developed & documented and includes action items
- 4. Strategy Execution:** The plan's action items are executed and results are documented for the purposes of reviewing overall outcome and performance.
- 5. Evaluation:** Pluses & deltas are reviewed. Should include the identification of lessons learned, ongoing refinement, team communication, data reporting, and future ideas.

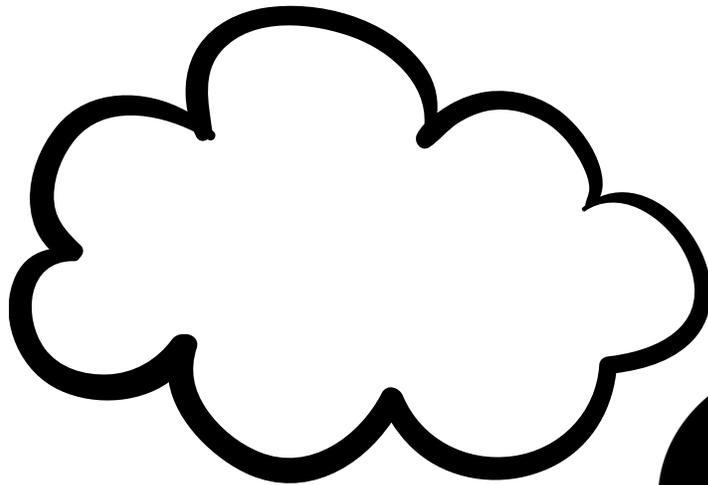
STRATEGIC *planning*

BEFORE YOU DIVE INTO THOSE 5 STEPS, YOU MUST DO THIS...

Define your organization's mission, vision, and values.

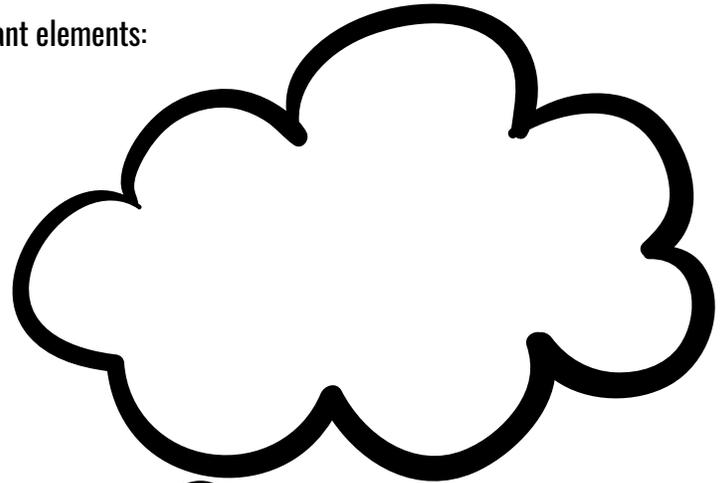
This is your "big picture" step, so put on your visionary thinking cap.
Now is the time to nail down the purpose and direction of your organization.

It involves three important elements:



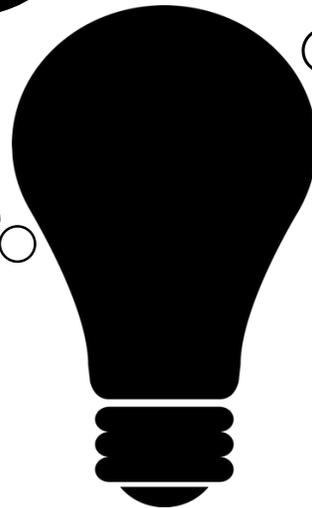
WHAT ARE YOUR VALUES?

States what you stand for as an organization.



WHAT IS YOUR VISION?

It tells where you want to be in the future.
Your vision should be feasible, based on ambitious but achievable targets.



WHAT IS YOUR MISSION STATEMENT?

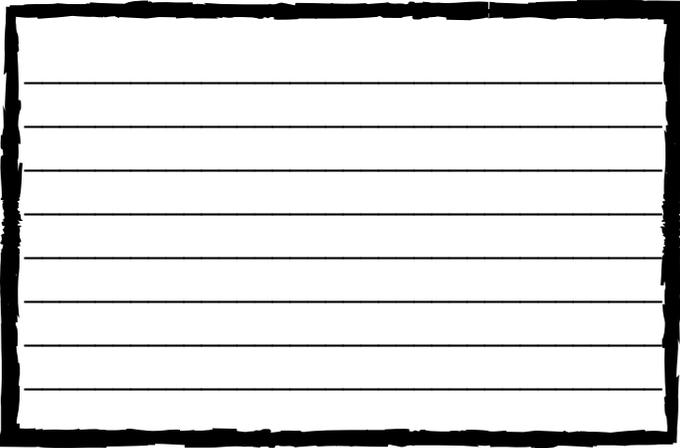
No strategy is complete without a mission statement—it is mandatory.

It defines why you exist as an organization.
Clearly defines your purpose and what you are trying to achieve.

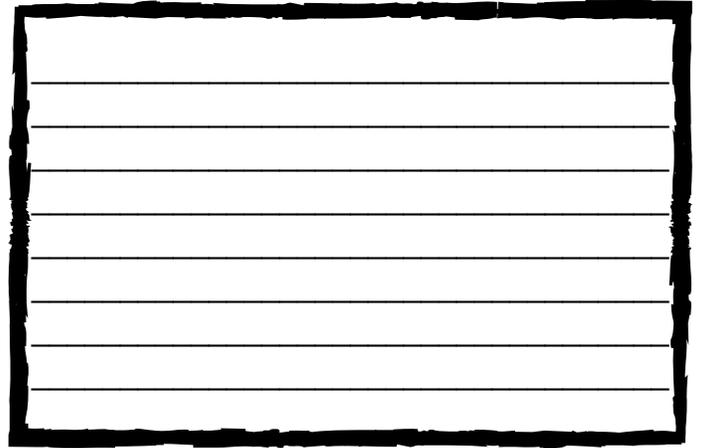
Every aspect of your strategic plan should ultimately tie to your overall mission.

START YOUR PLAN

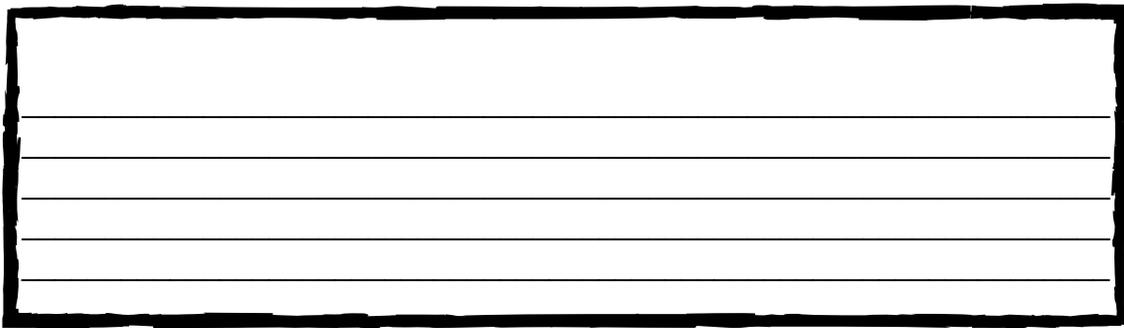
STEP 1: GOAL SETTING



STEP 2: ANALYSIS



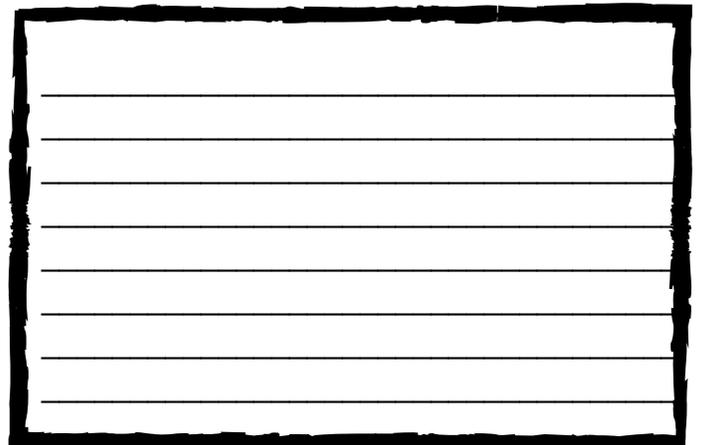
STEP 3: STRATEGY FORMULATION



STEP 4: EXECUTION



STEP 5: EVALUATION





VISION

casting


The Bossed Collective

TEN PROMPTS TO CONSIDER WHEN VISION CASTING

WHO YOU ARE?

WHERE YOU ARE GOING?

WHY YOU ARE GOING THERE?

WHAT IT FEELS LIKE TO BE GOING THERE?

WHY ARE YOU PASSIONATE ABOUT THIS VISION?

HOW YOU'RE GOING TO DO IT?

WHAT THE REWARDS WILL BE?

WHAT PEOPLE CAN DO?

HOW ARE YOU GOING TO PRESENT/PACKAGE IT?

WHO ARE YOU COUNTING ON TO BE YOUR SUPPORT SYSTEM?

BOSS YOUR *vision*

I won't bore you with the traditional cut & paste shenanigans that most of us are all too familiar with when it comes to creating vision boards. You know the drill: get a poster board, grab some magazines, cut out pictures and glue them to the board. Yada, yada...same old stuff, right?

I mean, I won't pretend like you don't actually NEED those items to create your board, but I WILL present a few key points that will help you make that board far more exciting, one that won't have a permanent home under your bed, or in the back of a closet. Nope, not today! My goal is to help you build a board that ignites a fire in your spirit, keeps you motivated, and encourages you to repeat the board build process over and over again, until you slay every goal & dream you have ever cast!

The problem with most vision boards is that we tend to view them as our "future selves", things we will do/have/accomplish **IN THE FUTURE.**

That's all fine & dandy, however we are creating said boards in the **PRESENT.** Our **RIGHT NOW** selves are the ones who need the motivation & encouragement to get us where we see ourselves in the future.

Make a list of (no less than 3) things you could start doing to live in alignment with your purpose **RIGHT NOW.**

Don't wait to feel how you want to feel.
Put your values and intention into action.

SOME DAY IS
Today

A vertical rectangular box with a thick black border, containing a list of horizontal lines for writing. On the left side of the box, there are four yellow lightbulb icons, one at the top of each of the first four lines.

HARMONY. HONOR. HUSTLE. *quoted*

DON'T WAIT UNTIL YOU REACH YOUR GOAL TO BE PROUD OF YOURSELF. BE PROUD OF EACH STEP YOU TAKE TOWARD REACHING THAT GOAL.

Good THINGS HAPPEN to THOSE Who HUSTLE

designed by freepik.com

The Bossed Collective
Harmony. Honor. Hustle.

HUSTLE
VERB
1. THE ONLY CONTROLLABLE PILLAR OF SUCCESS

*The dream is free
The hustle is sold
separately*

Beauty of style and harmony and grace and good rhythm depend on simplicity.

Plato
MySimplifyCoach™

PURE HAPPINESS AND PEACE ARE AT THEIR PEAK WHEN YOUR BODY IS IN HARMONY WITH ITSELF

Kindness promotes harmony and happiness
- RAKtivist

HUSTLE UNTIL YOUR HATERS ASK IF YOU ARE HIRING

DON'T STOP UNTIL YOU'RE PROUD

designed by freepik.com

THOU MUST KEEP -GRINDING- TO KEEP THY HUSTLE -GOING

believe you can

designed by freepik.com

Happiness is when what you think, what you say, and what you do are in harmony.
Mahatma Gandhi
snooQuote

RESTING IS ALLOWED. QUITTING IS FORBIDDEN

Everything in your life shifts when you come into harmony with yourself

CHE DESAI

I GRIND BUT MORE IMPORTANTLY... I PRAY



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**The TBC Directory is
currently under construction.**

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**Please submit your contact
info, photograph,
business/hobby information,
and short bio to:**

BossedEvents@gmail.com

**Deadline for submissions is
Sunday, April 14, 2019 @ 5pm**

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Articles & Resources

Five Essentials for Vision Casting by Stan Toler

Leaders: Cast Your Vision by Bobby Albert

How To Capture & Cast A Compelling Vision by Stephen Blandino

**Vision Board 101: How to Use This Manifestation Tool
By Karson McGinley**

**Vision Board — A Powerful Tool To Manifest Your Life Desires
by Cheyenne Diaz**

Time Management Principles from God's Word by Jordan Raynor

**God + Goals: How to Set Goals as a Christian by Cultivate What
Matters**

Purpose Filled Faith by Dr. Richard Chew

Making Today Matter by Shelia Welsh

Unlimited Faith by Good News Unlimited

Visioning by Andy Stanley

Called to Create by C.S. Lewis





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